Oregon Region Laboratory Service
Phone: (503) 215-6555
Toll-Free: (866) 674-7990
www.providence.org/lab

Post-Vasectomy Semen Analysis Collection Instructions for Patients

Patient Preparation:

- Your physician will advise you of the appropriate time to submit a semen specimen following vasectomy.
  - Providence Oregon Laboratory Services recommends that post-vasectomy semen be collected at least 12 weeks following the vasectomy procedure.
  - Avoid ejaculation for 2-3 days (but not more than 7 days) prior to collection.

Label the container with your first and last name, date of birth, and the date and time of collection.

Sample Collection:

- Collect a complete semen specimen into a clean, sterile container obtained from your physician or laboratory.
  - Condoms are not acceptable.
- Deliver the specimen to the laboratory within 1 hour of collection.

Note: If you prefer to collect the specimen after arrival in the lab, a restroom is available

Deliver the specimen with your doctor's order, and the form below to the laboratory at any of the following locations during their posted hours:

Providence St. Vincent **9205 SW Barnes Road** **Portland, OR 97225** **7:00 AM – 6:00 PM M-F**	**Providence Portland** **4805 NE Glisan Street** **Portland, OR 97213** **8:00 AM – 5:00 PM M-F**	**Providence Milwaukie** **10150 SE 32nd Avenue** **Milwaukie, OR 97222** **8:00 AM – 5:00 PM M-F**
Providence Seaside **725 S. Wahanna Road** **Seaside, OR 97138** **7:00 AM – 4:00 PM M-F**	**Providence Hood River** **810 12th Street** **Hood River, OR 97031** **9:00 AM – 4:30 PM M-F**	

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COMPLETE THE FORM BELOW—SEND IT TO THE LAB WITH YOUR SPECIMEN

COMPLETE NAME _____

SPECIMEN COLLECTION DATE & TIME_____

NUMBER OF WEEKS SINCE VASECTOMY _____

TO BE COMPLETED BY LAB STAFF

DATE & TIME SPECIMEN RECEIVED_____

Providence Inpatient Laboratories Drop-Off Guide:

Providence St. Vincent
Inpatient Laboratory / Inpatient Laboratory

9205 SW Barnes Road, Portland, OR 97225
Directions:
Enter through the East Wing and go to the ground floor using the green elevators.
Upon exiting the elevator, the laboratory is across the hallway. Use the telephone next to the laboratory doors to notify them that you are there to drop off your sample.

Providence Portland
Inpatient Laboratory / Inpatient Laboratory

4805 NE Glisan Street, Portland, OR 97213
Directions:
Enter through the Emergency Room entrance and go through the metal detector. Stop at the security station and inform them that you are dropping off your sample 'at the inpatient laboratory'.
Security will then escort you to the red elevators and grant you access to the 2nd floor.
Upon exiting the elevator, use the telephone next to the laboratory doors to notify the staff that you are bringing your sample.

Providence Milwaukie
Inpatient Laboratory / Inpatient Laboratory

10150 SE 32nd Avenue, Milwaukie, OR 97222
Directions:
Enter through the main entrance and turn left to head toward the main admissions desk. There, enter your patient information at the respective kiosk to check in for the laboratory; wait to be called. The admissions caregiver will contact the laboratory to receive the sample you brought.

Providence Seaside
Inpatient Laboratory / Inpatient Laboratory

725 S. Wahanna Road, Seaside, OR 97138
Directions:
Enter the hospital through the main entrance and proceed to the information desk in front (Access Services). From there—at Access Services—they will call you as a patient to drop off your sample.

Providence Hood River
Inpatient Laboratory / Inpatient Laboratory

810 12th Street, Hood River, OR 97031
Directions:
Enter the hospital through the main entrance and proceed to the information desk in front (Access Services) on the left. From there—at Access Services—they will call you as a patient to drop off your sample.